

## Medical Appointments

| Act Name  | Price for the Patient      |
|---|----------------------------|
| Primary and specialty care services appointments <sup>1</sup> | Between €20.00 and €30.00  |
| Médis Medical Assistant Appointment                           | €20.00                     |
| Online Doctor   | €0.00                      |
| Home Doctor   | €0.00                      |
| Emergency <sup>2</sup>  | Between €70.00 and €124.00 |

## Complementary Means of Diagnosis - Exams and Treatments

| Act Name                                | Price for the Patient                    |
|---|--|
| Gynaecological Ultrasound               | Between €15.00 and €45.00                |
| Obstetric Ultrasound                    | Between €30.00 and €45.00                |
| Breast Ultrasound                       | Between €22.50 and €45.00                |
| Renal Ultrasound                        | Between €27.50 and €45.00                |
| Soft Tissue Ultrasound                  | Between €25.00 and €45.00                |
| Mammogram                               | Between €30.00 and €83.00                |
| Simple Electrocardiogram                | Between €8.00 and €35.00                 |
| Audiogram                               | Between €10.00 and €55.00                |
| Tympanogram                             | Between €10.00 and €61.50                |
| Upper Endoscopy with Sedation           | Between €115.00 and €390.00              |
| Total Colonoscopy with Sedation (Adult) | Between €175.00 and €415.00              |
| Colposcopy                              | Between €75.00 and €77.50                |
| Spirometry                              | Between €20.00 and €58.00                |
| Coloured Echo-Doppler "Triplex Scan"    | Between €100.00 and €164.00              |
| MRI Scan                                | Between €150.00 and €285.00 <sup>3</sup> |
| Orthopantomography                      | Between €12.00 and €31.00                |
| CAT Scan                                | Between €65.00 and €75.00                |
| X-Ray                                   | Between €10.00 and €12.50                |

## Clinical Tests

| Act Name                          | Price for the Patient |
|-----------------------------------|-----------------------|
| CBC with platelets                | Up to €5.50           |
| Glucose                           | Up to €1.00           |
| Creatinine                        | Up to €1.00           |
| Urea                              | Up to €1.00           |
| Total Cholesterol                 | Up to €1.40           |
| Triglycerides                     | Up to €2.80           |
| Urine II (urine summary analysis) | Up to €1.40           |
| Sedimentation rate                | Up to €2.40           |

## Childbirth

| Act Name                   | Price for the Patient           |
|----------------------------|---------------------------------|
| Eutocic Birth <sup>4</sup> | Between €1 300.00 and €3 480.00 |

## Medical Acts contracted in the Médis Dental Network

| Act Name  | Médis Dental Network Price <sup>5</sup> |
|---|---|
| Dentistry or stomatology appointment                            | €20.00                                  |
| Application of composites for crack sealing (by quadrant)       | €15.50                                  |
| Topical application by fluorides (per session)                  | €10.50                                  |
| Bimaxillary scaling   | €20.50                                  |
| Dental pigment removal with bicarbonate jet                     | €10.00                                  |
| Orthopantomography  | €12.00                                  |
| Restoration in cavity with only 1 compromised dental facade     | €21.00                                  |
| Restoration in cavity with 2 compromised dental facades         | €25.00                                  |
| Restoration in cavity with 3 or more compromised dental facades | €27.00                                  |
| Pulp protection   | €16.00                                  |
| First Endodontics session                                       | €36.00                                  |
| Subsequent endodontics sessions                                 | €21.00                                  |
| Deciduous tooth extraction (single or multi)                    | €16.00                                  |
| Tooth extraction with odontosection and osteotomy               | €31.00                                  |
| Multiroot tooth extraction (excludes deciduous teeth)           | €21.00                                  |
| Single root tooth extraction (excludes deciduous teeth)         | €16.00                                  |
| Study for implantology treatment                                | €53.00                                  |
| Study for orthodontics  | €65.00                                  |
| Fixed braces control (by jaw)                                   | €21.00                                  |

### Preventive Dental Medicine

|   |        |
|---|--------|
| Application of composites for crack sealing (by quadrant) | €15.00 |
| Topical application of fluoride (per session)             | €10.00 |
| Application of desensitizing agent (per session)          | €18.00 |

### Operative Dentistry

|   |         |
|---|---------|
| Restoration in cavity with only 1 compromised dental facade     | €21.00  |
| Restoration in cavity with 2 compromised dental facades         | €25.00  |
| Restoration in cavity with 3 or more compromised dental facades | €27.00  |
| Pulp protection   | €16.00  |
| Metal spike   | €7.00   |
| Carbon fibre spike  | €22.50  |
| Intensive in-office internal whitening session                  | €27.50  |
| External whitening  | €220.00 |
| Ferulizations   | €35.00  |

### Endodontics

|   |         |
|---|---------|
| First Endodontics Session                         | €36.00  |
| Subsequent endodontics sessions                   | €21.00  |
| Retreatment session                               | €50.00  |
| Endodontic microsurgery (includes microscope use) | €135.00 |
| Tooth pulpotomy                                   | €37.50  |

### Oral Surgery

|  |        |
|--|--------|
| Impacted tooth extraction  | €57.00 |
| Extraction of impacted supernumerary tooth   | €57.00 |
| Post-trauma tooth repositioning  | €55.00 |
| Incision and drainage of abscesses or hematomas of dental origin via the mouth (by quadrant) | €25.00 |
| Mono rooted tooth apicectomy   | €45.00 |
| Multi rooted tooth apicectomy  | €55.00 |
| Parodontal cysts with local or regional anesthesia   | €40.00 |
| Exeresis of simple ranulas or other small soft tissue tumours                                | €40.00 |

## Medical Acts contracted in the Médis Dental Network

Act Name

Médis Dental Network Price<sup>5</sup>

### Oral surgery (continued)

|  |         |
|--|---------|
| Soft tissue biopsy                               | €23.00  |
| Vestibule deepening (per quadrant)               | €75.00  |
| Excision of gingival adhesions (per quadrant)    | €40.00  |
| Frenectomy                                       | €60.00  |
| Impacted tooth exposure for orthodontic traction | €130.00 |
| Closure of oroantral communication               | €210.00 |

### Periodontology

|  |         |
|--|---------|
| Diagnosis registration in the periodontogram                   | €50.00  |
| Bimaxillary scaling  | €20.00  |
| Dental pigment removal with bicarbonate jet                    | €10.50  |
| Root scaling and planning (per quadrant)                       | € 28.00 |
| Periodontal maintenance treatment (per session)                | €56.00  |
| Gingivoplasty (per quadrant)                                   | €38.00  |
| Gingivectomy (per quadrant)                                    | €27.00  |
| Flap surgery (per quadrant)                                    | €33.00  |
| Gingival graft or connecting tissue (by quadrant)              | €50.00  |
| Bone graft to increase the alveolar ridge (by quadrant)        | €300.00 |
| Guided tissue regeneration for intraosseous defects correction | €480.00 |
| Guided tissue regeneration for root coverage                   | €480.00 |

### Oral Implantology

|  |           |
|--|-----------|
| Study for implantology treatment   | €65.00    |
| Rehabilitation study with implants   | €30.00    |
| Study models   | €27.50    |
| Surgical phase placement of 1 implant  | €650.00   |
| Surgical phase placement of 2 implants   | €1 280.00 |
| Surgical phase placement of 4 implants   | €2 550.00 |
| Surgical phase placement of 6 implants   | €3 800.00 |
| Placement of 1 Implant (Prosthetic Phase)  | €650.00   |
| Placement of 2 implants (Prosthetic phase - Bridge)  | €1 290.00 |
| Placement of 2 implants (Prosthetic phase - Removable acrylic prosthesis)                          | €1 340.00 |
| Placement of 4 Implants (Prosthetic Phase – Ceramic zirconium crowns)                              | €4 495.00 |
| Placement of 4 implants (Titanium and Acrylic Prosthetic Phase - Hybrid prosthesis)                | €3 430.00 |
| Placement of 6 Implants (Prosthetic Phase – Ceramic zirconium crowns)                              | €4 500.00 |
| Placement of 6 implants (Titanium and Acrylic Prosthetic Phase - Hybrid prosthesis)                | €3 430.00 |
| Bone regeneration  | €380.00   |
| Maxillary sinus floor augmentation surgery (includes any type of membrane)                         | € 550.00  |
| Temporary crown on implant   | €82.00    |
| Cementation of old fixed prosthesis on tooth or implant, or screwed on implant                     | €35.00    |
| Immediate fixed full-arch restoration  | €1 600.00 |
| Scraping, smoothing and disinfection of the implant surface without surgical opening (per implant) | €75.00    |
| Implant removal  | €105.00   |

### Prosthodontics

|  |         |
|--|---------|
| Acrylic resin prosthesis with one tooth      | €80.00  |
| Acrylic resin prosthesis with two teeth      | € 90.00 |
| Acrylic resin prosthesis with three teeth    | €100.00 |
| Acrylic resin prosthesis with four teeth     | €110.00 |
| Acrylic resin prosthesis with five teeth     | €120.00 |
| Acrylic resin prosthesis with six teeth      | €130.00 |
| Acrylic resin prosthesis with seven teeth    | €140.00 |
| Acrylic resin prosthesis with eight teeth    | €150.00 |
| Acrylic resin prosthesis with nine teeth     | €160.00 |
| Acrylic resin prosthesis with ten teeth      | €170.00 |
| Acrylic resin prosthesis with eleven teeth   | €180.00 |
| Acrylic resin prosthesis with twelve teeth   | €190.00 |
| Acrylic resin prosthesis with thirteen teeth | €200.00 |

## Medical Acts contracted in the Médis Dental Network

### Act Name

### Médis Dental Network Price<sup>5</sup>

| <b>Prosthodontics (continued)</b>                       |         |
|---|---------|
| Acrylic resin prosthesis with fourteen teeth            | €210.00 |
| Prosthesis in cobalt-chrome or nylon with one tooth     | €145.00 |
| Cobalt-chromium or nylon prosthesis with two teeth      | €160.00 |
| Cobalt-chromium or nylon prosthesis with three teeth    | €180.00 |
| Cobalt-chromium or nylon prosthesis with four teeth     | €200.00 |
| Cobalt-chromium or nylon prosthesis with five teeth     | €220.00 |
| Cobalt-chromium or nylon prosthesis with six teeth      | €240.00 |
| Cobalt-chromium or nylon prosthesis with seven teeth    | €260.00 |
| Cobalt-chromium or nylon prosthesis with eight teeth    | €280.00 |
| Cobalt-chromium or nylon prosthesis with nine teeth     | €300.00 |
| Cobalt-chromium or nylon prosthesis with ten teeth      | €320.00 |
| Cobalt-chromium or nylon prosthesis with eleven teeth   | €340.00 |
| Cobalt-chromium or nylon prosthesis with twelve teeth   | €360.00 |
| Cobalt-chromium or nylon prosthesis with thirteen teeth | €380.00 |
| Cobalt-chromium or nylon prosthesis with fourteen teeth | €400.00 |
| Stainless steel hook                                    | €20.00  |
| Stainless steel bar                                     | €75.00  |
| Prosthesis repair with/without impression               | €27.00  |
| Welding in cobalt-chromium prosthesis                   | €55.00  |
| Adding a tooth to a prosthesis                          | €23.00  |
| Addition of saddle on skeletal prosthesis with welding  | €67.00  |
| Cobalt-chromium mesh                                    | €80.00  |
| Prosthesis rebasing (direct or indirect)                | €57.00  |
| Spike with false stump (cast)                           | €85.00  |
| Provisional crown (self-curing resin)                   | €30.00  |
| Temporary veneer (DIRECT method)                        | €57.00  |
| Acrylic metal crown                                     | €140.00 |
| Total metallic crown                                    | €80.00  |
| Preformed metal crown                                   | €82.00  |
| Metal-ceramic crown (pontic/retainer)                   | €270.00 |
| Pure ceramic crown                                      | €350.00 |
| Ceramic veneer  | €540.00 |
| Metal or ceramic inlays (Inlay/Onlay)                   | €130.00 |
| Metal retainer for adhesive bridge                      | €105.00 |
| Assembling of individual dental guard                   | €38.00  |
| Ball connector  | €130.00 |
| Fixed prosthesis repair                                 | €75.00  |

### Orthodontics

|  |           |
|--|-----------|
| Study for orthodontics   | €65.00    |
| Orthodontic study models   | €16.00    |
| Lateral cephalometric analysis (analysis of cephalometric radiography and panoramic X-ray) | €27.50    |
| Fixed spacer braces  | €65.00    |
| Biomechanical removable braces (per jaw)   | €245.00   |
| Full fixed braces (per jaw)  | €485.00   |
| Partial fixed braces (per jaw)   | €215.00   |
| Fixed expanders (per jaw)  | €270.00   |
| Extra-oral orthopedic braces (per jaw)   | €270.00   |
| Self-ligating braces (per jaw)   | €750.00   |
| Damon self-ligating braces (per jaw)   | €900.00   |
| Aesthetic Damon self-ligating braces (per jaw)   | €1 000.00 |
| Containment braces (per jaw)   | € 120.00  |
| Impressions for braces with invisible aligners Full (bimaxillary)                          | €800.00   |
| Study for braces with invisible aligners Full (bimaxillary)                                | €1 500.00 |
| Placement of braces with invisible aligners Full (bimaxillary)                             | €1 500.00 |

## Medical Acts contracted in the Médis Dental Network

Act Name Médis Dental Network Price<sup>5</sup>

### Orthodontics (continued)

|   |           |
|---|-----------|
| Impressions for braces with invisible aligners Intermediate (bimaxillary) | €645.00   |
| Study for braces with invisible aligners Intermediate (bimaxillary)       | €1 260.00 |
| Placement of braces with invisible aligners Intermediate (bimaxillary)    | €1 260.00 |
| Impressions for braces with invisible aligners Basic (bimaxillary)        | €540.00   |
| Study for braces with invisible aligners Basic (bimaxillary)              | €1 070.00 |
| Placement of braces with invisible aligners Basic (bimaxillary)           | €1 070.00 |
| Removable/containment braces control                                      | €16.00    |
| Fixed braces control (by jaw)   | €21.00    |
| Fixed braces control (bimaxillary)  | €38.00    |
| Self-ligating braces control (by jaw)                                     | €37.50    |
| Self-ligating braces control (bimaxillary)                                | €52.00    |
| Self-ligating braces bracket replacement                                  | €10.00    |
| Removable braces repair (by jaw)  | €22.50    |
| Orthodontic implant   | €200.00   |

### Treatment of Temporomandibular Disorders (TMDs) and Orofacial Pain (OFP)

|  |          |
|--|----------|
| Assembly of models in articulator  | €100.00  |
| Written treatment plan for DTM or DOF  | €50.00   |
| Oral anesthetic infiltration in DTM or DOF (includes medication)                               | €55.00   |
| Extra-oral anesthetic infiltration in DTM or DOF (includes medication)                         | €75.00   |
| Relaxation cover   | € 120.00 |
| Control of occlusal relation and clinical status in DTM or DOF (occlusal balance, per session) | €45.00   |

### Imaging

|  |        |
|--|--------|
| Apical radiography                       | € 4.00 |
| Interproximal (Bitewing)                 | € 4.00 |
| Orthopantomography                       | €13.00 |
| Cephalometric radiography                | €12.00 |
| Computerised Axial Tomography (CAT Scan) | €60.00 |
| Clinical photography                     | €25.00 |

### Common Acts to Several Areas

|   |         |
|---|---------|
| Obtaining and using plasma rich in growth factors | €265.00 |
| Use of laser                                      | €160.00 |

### Physiotherapy

| Act Name                                   | Price for the Patient |
|--|-----------------------|
| Direct current (per act)                   | Up to €3.00           |
| High frequency current (per act)           | Up to €3.00           |
| Ultrasound (per act)                       | Up to €3.00           |
| Moist Heat (per act)                       | Up to €6.70           |
| Respiratory kinesitherapy (per act)        | Up to €9.20           |
| Manual massage of a region (per act)       | Up to €9.20           |
| Hydromassage (per act)                     | Up to €8.00           |
| Helium-neon Laser Therapy (per act)        | Up to €8.00           |
| Cryotherapy (per act)                      | Up to €23.30          |
| Special Kinesitherapy Techniques (per act) | Up to €5.00           |

### Home Assistance Services<sup>6</sup>

| Act Name  | Price for the Patient |
|---|-----------------------|
| Home Nursing (5 sessions per annuity)                   | €0.00                 |
| Home Catering (5 days per annuity)                      | €0.00                 |
| Physical Therapy at Home (5 sessions per annuity)       | €0.00                 |
| Clinical Tests at Home (5 collections per annuity)      | €0.00                 |
| Non-Urgent Transport (5 transport services per annuity) | €0.00                 |

## Pharmacies - Contracted Services<sup>7</sup>

| Act Name   | Price for the Patient |
|--|-----------------------|
| BMI Evaluation   | €1.00                 |
| Pregnancy Test   | €7.00                 |
| Glycemia Measurement   | €2.00                 |
| Total Cholesterol Measurement                                  | €3.00                 |
| Triglyceride Measurement                                       | €3.00                 |
| Blood pressure and heart rate measurement                      | €1.00                 |
| Nutrition Appointment (1 <sup>st</sup> appointment and others) | €25.00                |

## Opticians

| Act Name                            | Price for the Patient       |
|-------------------------------------|-----------------------------|
| Prescription glasses and sunglasses | Discounts between 10 - 25 % |

### <sup>1</sup> Consultations

Primary and specialty care consultations (except psychiatry, which are at agreed prices).

### <sup>2</sup> Emergencies

Prices for emergencies vary according to the service provider chosen. Some providers may require tests, analyses, medications or treatments that are not included in the emergency fee. In such cases, these costs shall be borne by the customer at prices agreed between Médis and the provider.

### <sup>3</sup> MRI

MRI stem column totality (only in the sagittal plane) up to 470 €

### <sup>4</sup> Childbirth

The values stated are indicative and may not include all acts. Note: All other medical procedures at contracted prices

<sup>5</sup> Amount charged to the client, per medical act at agreed prices of the Médis Dental network.

### <sup>6</sup> Home Assistance Services

The coverage guarantees the provision of the services listed above provided that the Insured Person is in a situation of illness, proven by a medical report, in accordance with the provided in the General, Special and Particular Conditions.

To activate coverage and request assistance services, the insured person must contact the Médis line and select option 1, to speak with a nurse.

### <sup>7</sup> Médis Network Pharmacies

The aforementioned services are provided at Médis partner pharmacies. You can see the list of adherent pharmacies at [www.medis.pt/guia-medis](http://www.medis.pt/guia-medis).

### <sup>2<sup>nd</sup></sup> medical opinion

It is a free service activated and accompanied by the Médis Line (Sickness Management).

After confirming the conditions of the service provision - necessary medical documentation - Médis will inform Clínica Universidad de Navarra to continue the process.

This service is not on-site. After sending the result to the beneficiary, the specialist responsible for the 2<sup>nd</sup> Opinion makes a phone call to solve any doubts or questions about the information sent.

### Access to the Health and Well-Being network

Discounts ranging from 5% to 30% in more than 800 partners and that include services such as unconventional therapies, gyms, massages, glasses and many more.

The present document is a translation of the Portuguese version. In case of discrepancy between the versions, the Portuguese version shall prevail.

This document is solely for informational purposes and the prices indicated are only for reference as they may be changed at any time To confirm the amount of the co-payment applicable at any given time, you can contact Médis at 218 458 888 (Cost of a call to the national fixed network).

Does not exempt consultation of the legally required pre-contractual and contractual information.

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